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Seatbelts and Aggression

Keep in mind the following tips to stay safe when driving:

Safety belts are one of the most effective safety devices in your vehicle. Always wear your safety belt when you are driving. Additionally, ensure your passengers are properly seated or holding on before you begin to drive.

Aggressive driving behaviors include speeding, frequent and unnecessary lane changes, tailgating, and running lights. These behaviors create unsafe situations and can lead to road rage.

To avoid aggressive driving:

- Keep your emotions in check; don't take your frustrations out on other drivers.
- Plan ahead, allowing enough time for delays.
- Focus on your own driving.
- Do not tailgate or flash your headlights at another driver.
- Use your horn sparingly.